

Embracing all of life's challenges

Lawyer receives recognition from business publication

By Stephanie Fahey

David Hollingsworth says there is no secret to how he juggles his busy life, just the simple fact that he loves it, and wouldn't have it any other way.

"The way I can manage a busy life – with three young children, coaching and playing sports and running a busy law practice – is that I enjoy each of these important aspects of my life so much that I am constantly energized," says Hollingsworth.

The Faraday Street resident was recently named one of the 'Top Forty Under 40' recipients by the *Ottawa Business Journal* for 2010. The award captures the entrepreneurial spirit and dynamism of Ottawa's business community, recognizing business people under the age of 40 who balance bottom line results with a desire to participate in charitable and community activities.

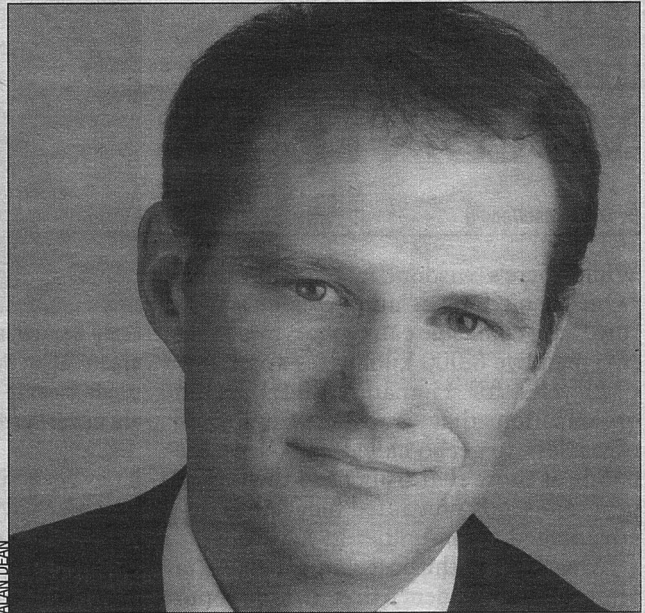
"When I get to the office, I am excited about the challenges that the day holds," says Hollingsworth. "When I am exhausted by a long day at the office, I come home to a street hockey game and a tea party.

"When I tuck the kids in, I head out to play hockey. It also helps to have a fun-loving and amazingly helpful and supportive wife, Rebecca."

Born and raised in Ottawa, Hollingsworth believes it's incredibly important to contribute both professionally and socially in our cities and communities.

"This city has given me such a great life and I am glad to have been able to make the most of the wonderful opportunities it has afforded me," says Hollingsworth. "Giving back is just one more way of enjoying the community that means so much to me."

Hollingsworth has been a resource lawyer for REACH Canada for over 10 years, committed to providing free legal service to persons with disabilities. Over the years, he has volunteered hundreds of hours of



AWARD WINNER: David Hollingsworth, a personal injury lawyer, is a recipient of the 'Top Forty Under 40' award, given out annually by the *Ottawa Business Journal*.

his own time. He is now on the Board of Directors of REACH Canada and Chair of the Education Committee. Hollingsworth is a Personal Injury Lawyer serving the Ottawa and surrounding area at his own law firm that he started from scratch, located on Gladstone Avenue.

In the community, Hollingsworth is a hockey coach with the West End Hockey League as well as coaching other sports at Fisher Park Community Centre. For years he has been sponsoring activities at his children's schools and pre-schools at Dovercourt and Elmdale Public School.